

## A Comparative study of selected Coordinative ability between Male and Female Hockey players

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### Abstract

The present study has been designed to investigate emotional intelligence of male sports persons and female different games who participated at inter-university level. For accomplish the study total 50 male sports person and 50 female sports person were randomly selected as sample. The age of all samples was ranged 18-28 year. Sports person who participate at inter-university level were selected as samples. To accomplish the study Dr. Singh and Dr. Chanda (2001) emotional intelligence scale was used in the study. All samples were selected from the Maharshi Dayanand University Rohtak. The obtained data were analyzed by applying t test in order to determine the Emotional Intelligence of male sports and female sports persons. The level of significance was set at 0.05. We find out that there is not much significantly difference between male sports person and female sports person in their emotional intelligence.

**Key Words:** Emotional Intelligence, Sports Persons.

### **1. Introduction:**

Emotion is a moved or mixed up condition of a life form. It is exasperates strong and gladular action. Knowledge implies general mental capacity to fathom new problams and face general state of life. Emotional intelligence is the ability to know about, control, and express one's emotions, and to deal with relational connections sensibly and compassionately. Emotional intelligence is the capacity to distinguish and deal with your own emotions and the emotions of others. It is for the most part said to incorporate three aptitudes: passionate mindfulness; the capacity to bridle emotions and apply them to undertakings like reasoning and critical thinking; and the capacity to oversee emotions, which incorporates managing your own emotions and brightening up or quieting down other individuals.

#### **1.1 Objectives of the Study:**

To compare the emotional intelligence between male sports persons and female sports persons. The objective of the study is to compare the rhythmic ability of male and female Hockey state level players.

#### **1.2 Hypothesis of the Study:**

There would be no significant difference between male sports persons and female sports persons in their emotional intelligence.

### **2. Research Process and Methodology:**

#### **2.1 Sample of the Study:**

- The sample for the present study was 50 male sports person and 50 female sports persons from different games were randomly selected as samples.
- The age of all samples was ranged 18-28 year.
- Sports person who participate at inter-university level were selected as samples.

#### **2.2 Tools & Techniques Used:**

To accomplish the study Dr. Singh and Dr. Chanda (2001) emotional intelligence scale was used in the study. Purpose: To measure the orientation Ability.

#### **2.3 Statistical Procedure/Method**

- The obtained data were analyzed by applying t test in order to determine the emotional intelligence of male sports and female sports persons.
- The level of significance was set at 0.05.

**3. Findings of the Study:**

**Table – 1:**  
**Mean Difference between Male Sports and Female Sports Person in their Emotional Intelligence**

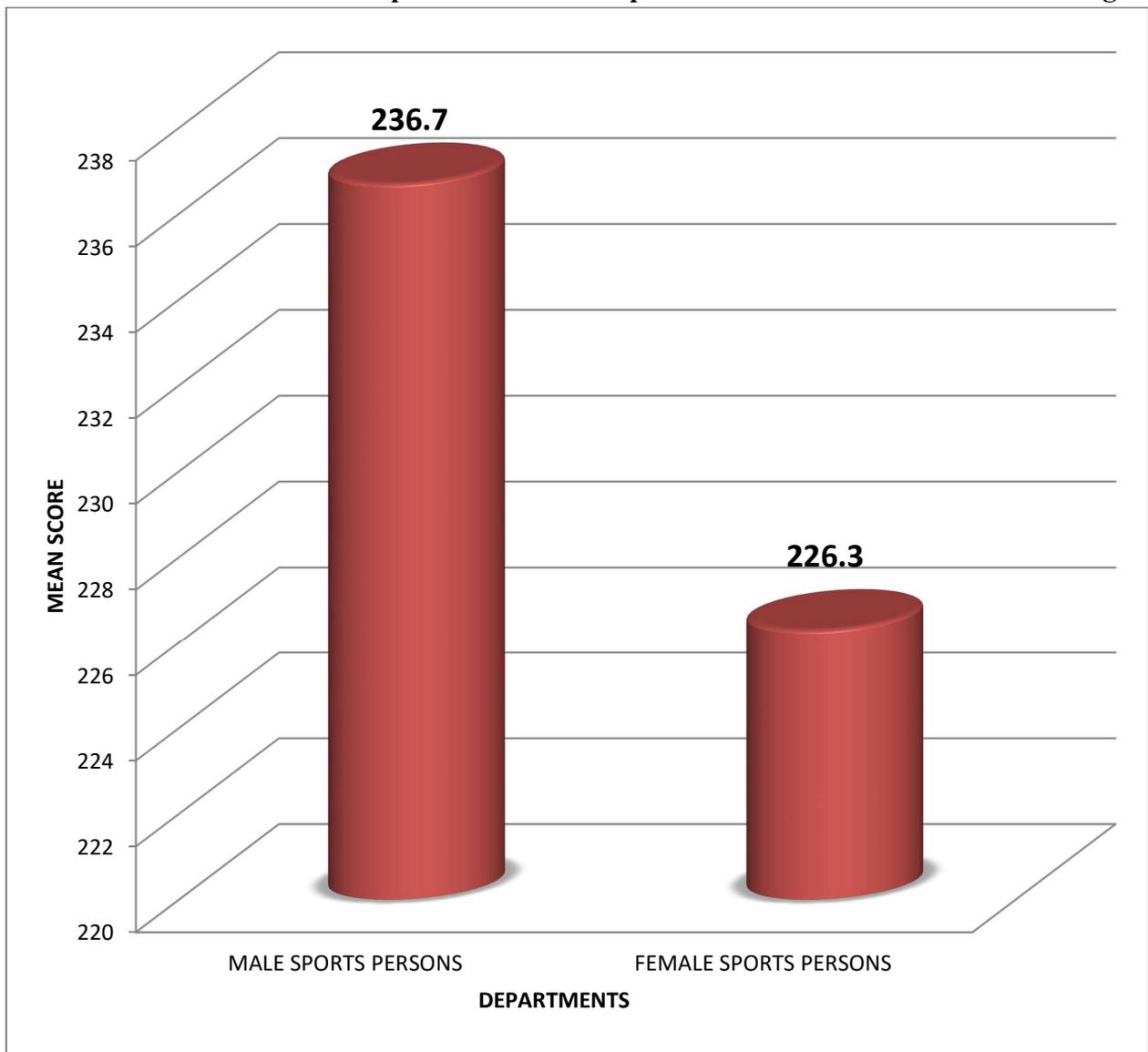
S.NO	VARIABLES	GROUP	N	MEAN SCORE	SD	Df	t-value
1	SPORTS PERSON	MALE	50	236.70	20.56	98	<b>1.80**</b>
2	SPORTS PERSON	FEMALE	50	226.30	35.29		

\*\*Not significant at 0.05 level

Table 1. Shows that 't' value (1.80). The mean score of male sports persons and female sports persons is lower than the table value 0.05. The mean score of male sports person (236.70) is higher than the female sports person (226.30), which shows no significant difference. We find out that there is not much significantly difference between male sports person and female sports person in their emotional intelligence.

**Figure 1**

**Mean Difference between Male Sports and Female Sports Person in their Emotional Intelligence**



#### 4. Result:

No significant difference was observed between male sports persons and female sports persons in their emotional intelligence. That is why hypothesis-1 “There would be no significant difference between male sports persons and female sports persons in their emotional intelligence.” which was formulated earlier was accepted.

#### 4. References:

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