



# The Influence of Age Factor on The Personality Traits of Sports Players

Dr. Pradeepkumar Mahantagouda<sup>1</sup>

<sup>1</sup>Guest Lecturer, Govt First Grade College, Shahapur, Karnataka, India.

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## Abstract

The age factor also having the influence on the personality traits of sports players many research works already shown that there was influence of age on the personality traits of the sample groups. In the present research work the investigator wanted to reveal the influence of the age factor on the personality traits of the sports players, the study objectives as follows, to find out the level of personality traits of sports players of Gulbarga University. To compare the personality traits among the sports players sub groups, the study hypothesis – there would be significance difference in the personality traits of sports players due to difference in their age groups. The sample of the study – thirty senior sports players and thirty junior players taken as a sample for the research study. Research design – the investigator made the two sample groups as senior and junior group and given the instruction about the study, conducted test on the personality traits 16 pf of R.B.Catells scale was used to measure the traits among the sports players Tools used - 16 pf of R.B.Catells scale was used to measure the traits among the sports players, the investigator tested only five personality traits in the study. Statistical tools – mean, sd, t tests were used to find out the influence of the age factor on the personality traits of sports players of Gulbarga university.

**Key words:** Personality traits, Age factor.

## 1. Introduction:

### Meaning and Definition of Personality:

The term personality has been derived from the Latin word “Persona” that was associated with Greek theatre in ancient times. Persona was meant mask which the Greek actor’s commonly used to wear before their faces when they worked on stages.

The word personality’s very wider and abstract in its concept and meaning. **Allport** (1937) called personality one of the most abstract words in our language and listed 50 distinct meaning that were derived from fields as diverse as theology, philosophy, sociology, law and psychology. Although there is some disagreement among contemporary personality theorists about the meaning of personality but there is agreement what people generally do is influenced by stable characteristics that is their personality. He defined personality synthetically as, “Personality is the dynamic organization within the individual of those psychological systems that determine his unique adjustments to his environment”.

### Sixteen Personality Factor Test:

In a rapidly developing psychological field, different psychologists on diverse fields, e.g. clinical, experimental, educational, interpersonal, occupational and vocational many other have made different, temporary and semi popular factor analytical experiments for misusing personality of person. Technically accurate and widely repeated experiments of this kind are necessary to demonstrate that the separate traits or dimensions of personality which test scales measure correspond too uniquely, functionally unitary and psychologically significant course traits. One of them is the 16 P.F which is not a questionnaire compared of as fitrary scales, but consists of scales carefully oriented and groomed to basic concepts in human personality structure research, Its publication was under taken to meet the demand of research psychologists for a personality – measuring instrument duly validated with respect to the primary personality factors, and rooted in basic concepts in general psychology.

### The Main Utilities of the Test

The devise psychological user of 16 P.F can be summarized in the properties of the test.A second important feature is the orientation of the scales are not set up in terms of subjective or a prior concepts, but are directed to

previously located natural personality statuses related to the way personality actually develops. Thirdly, because it deals with such basic personality concepts the measurements become increasingly reliable to an organized and integrated body of practical and theoretical knowledge in the clinical, educational, industrial and basic research fields and lastly the 16 P.F scale, make possible comprehensive coverage of both factors discovered and needed in prediction.

## 2. Materials and Method:

Research design –total sixty sports players were selected on random sampling method and the investigator made the two sample groups as senior and junior group than given the instruction about the study, conducted test on the five major traits in personality, 16 pf of R.B.Catells scale was used to measure the traits among the sports players, the collected data was scrutinized and compared among the sample groups.

### 2.1 Objectives:

- ❖ To find out the level of personality traits of sports players of Gulbarga University.
- ❖ To compare the personality traits among the sports players sub groups.

### 2.2 Hypothesis:

- ❖ There would be significance difference in the personality traits of sports players due to difference in their age groups

### 2.3 The sample:

The questionnaire was given to sample groups both senior and junior, both the test the investigator given the needful instructions to the sports players. The time was fixed by scholar for the test.

### 2.4 Tools used:

16 PF scale developed by R.B.Catells, scale was used to measure the traits among the sports players, the investigator tested only five personality traits in the study.

Statistical tools – mean, sd, t tests were used to find out the influence of the age factor on the personality traits of sports players of Gulbarga university.

## 3. Data analysis and Interpretation:

Table:1

Sample	N	A		B		C		E		F	
		Mean	SD	Mean	SD	Mean	SD	Mean	SD	Mean	SD
Senior	30	6.37	1.88	4.05	1.64	6.14	1.62	5.5	1.69	4.78	1.56
Junior	30	5.54	1.87	3.33	1.83	5.62	1.55	6.31	1.56	3.95	1.64
	t-Values	1.18**		4.80**		4.10**		5.78**		6.38*	

Significant at 0.05 and 0.01 levels

### Personality traits of Government and Private secondary school teachers of Hyderabad Karnataka Area

A glance at the table clearly indicates that in **factor A** (Reserved V/s Out going) the senior sports players are more outgoing than the junior players. but both junior and senior sports players are out going according to manual. In **factor-B** (Concrete Vs Abstract thinking) the senior players are more abstract thinking than the junior players. In **Factor-C** (Emotionally less stable Vs Emotionally stable) both junior and senior sports players are emotionally stable but the senior players are more stable than the junior players. In **Factor-E** (Submissive Vs Dominant) the. Both ample groups are dominant but the junior players are more dominant than the senior players, in the **Factor-F** (Sober Vs Enthusiastic) the junior sports players are more sober than the senior players

#### **4. Findings of the study:**

- ❖ The senior sports players are having the better personality traits than the junior players.
- ❖ In the A,C.E. factors the junior sports players are also having the better personality traits with the senior players.
- ❖ In overall personality traits the senior sports players are having the better personality traits levels than the junior sports players.
- ❖ The study revealed that the age factor has the significance influence on the personality traits of sports players.

#### **5. References:**

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**Dr. Pradeepkumar Mahantagouda,**  
Guest Lecturer,  
Govt First Grade College,  
Shahapur, Karnataka, India.